



WKHS student Brenden West proudly displays his Christmas tree collection.



**December
2003**

The Ravine



Inside:

***The Creek*, a news insert written by WKHS' basic journalism students**

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The Ravine Editorial Policy

The Ravine is a publication of Worthington Kilbourne High School, 1499 Hard Road, Columbus, Ohio. The Ravine is a student-run newspaper produced by the journalism classes of Worthington Kilbourne. This publication provides information, entertainment and commentary from Worthington Kilbourne on matters of school, local, state, national and international matters of interest.

Readers may respond to the Ravine through letters to the editor. An attempt to print all letters will be made. Letters may not exceed 250 words and must be signed; the staff reserves the right to edit letters for length, grammar, invasion of privacy, obscenity or potential libel.

Articles do not necessarily reflect the views of Worthington Kilbourne Faculty, Administrators, the School Board, or the Worthington community.

Any errors printed in this publication will be corrected upon the request of parties involved and will appear on the editorial page.

The advisor of this magazine advises the students who produce this publication. It is the editors who determine and are responsible for the content of the publication.

All comments and concerns can be sent to:

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ON THE COVER

O Christmas tree

Sabina Tungaraza, '04

WKHS student Brenden West looks forward to the holidays because he gets to display his prized Christmas tree collection.

Ever since Brenden pointed out a Christmas tree in a catalog to his mom at the age of 4, his bedroom has been covered in evergreen. His collection over the past 14 years has grown to include 116 trees!

His trees range in size and color and Brenden buys them from any place that sells them, such as Target or The Christmas Village in Worthington.

Brenden decks his bedroom with his Christmas trees after Thanksgiving break and keeps them in boxes in his closet after the holiday season ends to preserve them for the next year.



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"If you could wake up tomorrow having gained any one ability or quality, what would it be?"

"I wish I could teleport because it saves gas and saves the long wait to get to school in the morning." -Mark Tancik

"I'd want the quality to always be happy!" -Kara Lloyd

"Knowing what others think so I don't say or do the wrong thing." -Jessica Lepson

"The ability to read girls minds." -Denny Newman

"The ability to fly." -Elizabeth Shaheen

"To have the coolest mullet ever!!!" -Karen Lindsay

"I'd have the gift that Mel Gibson gets in 'What Women Want' to know why women do what they do." -Branden Hayward

"The ability to always be kind to others." -Sarah Vandenbergheim

"I would want to go back in time" -Kaue Skinner

"I want to be like Sabrina The Teenage Witch-It would make high school so much easier!" -Anonymous

TANNING AND YOUR HEALTH

Return to Winter '94

As the thought of summer is discovered by the chilling winds of a long winter, there are not many ways to keep a bronze skin tone besides tanning. This trend is taking over tanning across the country and you can't seem to get enough of it. Tanning beds are the preferred way to get a instant bronze skin tone without those orange, unnatural blotches all over your skin, caused by tanning creams.

If you do not think tanning will affect your health now or in the future, think again. Studies show that tanning beds increase the risk of certain kinds of skin cancer by almost 25%. The younger people begin tanning, the more they increase their risk of cancer. The cancers linked to tanning are highly curable, but 2,200 people in the United States die each year from those cancers.

Tanning at a young age can have dramatic affects on the way you look twenty years from now. It can cause wrinkles, saggy skin and disfiguring scars. Tanning was added to the federal government's list of cancer-causing substances last year, according to the Seattle Times.

Last year, in a national survey of 10,000 teenagers, 89 percent of girls and 78 percent of boys actively pursue a tan. Among 17-year-old girls, 35 percent re-

ported using tanning beds in the previous year, according to the Seattle Times. (I am in the everyone I know group, including people who are smart, intelligent people who care about their health so it makes me wonder if it really

is that bad." -Irene Phillip Brunden Hayward)



We have all been worried about these dangers and risks but there are some positive aspects of this tanning fad. Scientists find that tanning beds are better for your skin than laying out in the sun,

mostly because they filter out the sun's UVB rays, which cause burns and blisters. The more intense UVA rays from the bulb, penetrate the skin deeper which leaves the a darker tan and no burns.

Some people blame the media and tiny role models such as Britney Spears and Christina Aguilera for this growing trend; however, most models and actresses are too image conscious to risk

damaged skin. Instead of using a tanning bed, they prefer to use self-tanning products, makeup and retouched photographs.

Next time you are tempted to go to the tanning beds this winter, make sure you

knew what you could be doing to your body. Check out Mystic Tans which are popping up in local tanning salons. Unlike other a chamber where they are sprayed with a bronzing lotion. By spraying on the lotion, it leaves the clients with an even tan without unnatural blotches. So this winter, be responsible for your health and do not abuse the bulb.

THE YOUNGER PEOPLE BEGIN TANNING, THE MORE THEY INCREASE THEIR RISK OF CANCER

Sports Showdown 3

With Danny Ecker '04 and Nick Kowcom '04

What's so fallacious? The weather may be turning cold outside, but the action in here is just heating up! From the upcoming NFL season like your hometown Columbus Bluejackets, the PGA Tour Player of the Year, and some of the best MVP's in the NFL, this time we're turning down the heat on the college football already starting to start in the Atlantic and trying to catch those ferocious Bengals in Cincinnati. In the meantime, we're asking you to submit your own most memorable sports moment from 2003. You can submit them to the Ravine in Room 128 or email 100001@ferrisstate.edu. Okay, buckle up your chin strap because it's time to ramble.

Will the Oklahoma Sooners win in New Orleans?

Nick: Yes. This year has belonged to Bob Stoops' gang from day one and I don't foresee them coming back to Norman with anything less than a national championship. The combination of a stellar defense with an explosive offense has done its opponents throughout the year, especially in big games against perennial rivals Texas and Oklahoma State. Star Quarterback Jason White will rebound from an uncharacteristic performance in the Big XII Championship, and complete his comeback after two torn ACL injuries. The Sooners will cage the Bayou Bengals in their own backyard, and Boomer Sooner will ride his "Sooner Schoner" back to glory again.



Danny: I am getting sick of those who bow down to the boomer sooner. This Oklahoma team is not the almighty powerhouse that every analyst has made it out to be. I think the Kilbourne football team could make some noise in this year's Big 12, a conference chalk full of teams that have no business taking part in the BCS. Oklahoma played sub-par teams in the heartland of America, but has still risen to a holy position in the minds of the associated press. If Stoops' troops would visit the midwest or east and challenge a real football team from the Big Ten or SEC, I may consider giving them some credibility. Watch for Nick Saban to lead the tigers to a sound victory.

Who will be the in the Final Four come March Madness?

Nick: Looking back at last year, National Champion Syracuse waited until midway through the season to burst onto the scene. Sensational freshman Carmelo Anthony led his team right on through the end of the postseason, and continued his magical run in March.

This year look for the same type of underdog to do the same thing. Along with traditional powerhouses Kansas, Michigan State, and Duke, I really like the chances of Billy Donovan's squad down in Gainesville. The Florida Gators return possibly the best backcourt tandem in the nation with sophomores Matt Walsh and Anthony Roberson. Their clutch playmaking could be the difference when the game is on the line come tourney time.



Danny: The first few weeks of the college basketball season have provided an early look at who will be making runs come tournament time. The big four always has one or two top-seeders, and this year will be no different. Perennial powerhouse Connecticut, the preseason number one team in the land, will make a splash with professional caliber players such as Ben Gordon, Emeke Okafor, and diaper dandy Charlie Villanueva. Bill Self will lead the Kansas Jayhawks to the big dance, and don't be surprised if Roy Williams brings a championship back to Chapel Hill. As a long shot, I like the Georgia Tech Yellow Jackets. After already blowing out two top ten teams, the "ramblin' wreck" has accrued a world of confidence for the season ahead.

Will the Bengals win the AFC North and go to the playoffs?

Danny: I find it hard to believe that this question is annually legitimate. Unfortunately for Kitna and company, this year will not be extended further than those past. The "running back by committee" philosophy will not provide the consistency needed to jump into the post-season. It was a valiant effort for the former "Burgals," but this season is not the one. The Ravens

finish with three teams that have a combined record of 12-27, and new found star quarterback Anthony Wright will continue to play inspired. As an avid Cleveland fan, I have a difficult time saying it, but Baltimore will win the division. Who-dey think they gonna beat them Bengals? The Ravens do, and they are "wright."

see Nick's comeback on page

Will the Bengals win the AFC North and go to the playoffs?

Steve Linnell: I'm actually saying yes, but this year could have gone either way. It's not that the Bengals return to the conference to finish in third place. I'm actually considering the possibility of a second-place finish in the AFC North with a record of 12-4-1. I'm not sure if Cincinnati has a chance against

Diamond in the rough in the form of Kadi Johnson's year turning into a season of failure. Johnson's average 47 yards per carry all season long, the Bengals' fan contingent enthusiasm and passion. The Bengals' offense helped the Bengals take the conference in the playoffs. It's a physical division and they're

What was the most memorable sports moment of 2003?

Steve Linnell: Of the 100 most played in Tampa Bay's history, with seven Ohio State 10-foot rebound championships in 31 years. I think the most memorable sports moment of 2003 had to be Ken Caminiti winning the British 4 hour. Ranked No. 1 in the world in the 1000-10000 mile per hour from mainly Victorian tracks. The world of Royal St. George on that bright Sunday in July. He shot a final round 69 to finish at 3 under 282 for the tournament, good enough for him to raise the famous Claret Jug with a one stroke victory. Considering that before the tournament he was given a 500-1 shot at winning, his major run was nothing short of incredible.

Danny Nick: I must confess that the Tampa triumph is not off '03's list above all, but I will not write my business journal with the news of this year that will be a great success in my memory. Comparing Canada's annual season? No. Brilliant Boone versus Boston? Sorry. We will all remember Don Zimmer's bad change of Pedro Martinez during the ALCS. As Pedro finished the third bad inning and immediately cast it to the ground, I broke out in one of laughter. Yes, this great display is my most memorable sports moment of 2003.

Kilbourne's looking for the anti-drug

Bree Marquardt '04

While students were sleeping on Friday morning, teachers were discussing how to improve drug and alcohol use at Kilbourne. Finding out how drugs impact teenagers and what all the different players can do such as the district, staff, students and parents were all topics of discussion.

dependence than those who begin drinking at age 21." The average age for a boy to try alcohol is 17 and girls is 15. Alcohol is the leading cause of car crashes, murders, and suicides. These also happen to be the three leading causes of death for

Worthington's current rate of alcohol use is slightly higher than the county's average. Seventh and 8th grade students report they mostly received alcohol from their family while juniors and seniors receive it from their friends.

The use of marijuana in the county has gone up since the PPAUSE survey first started. However, Worthington's usage rate of marijuana is below the county's average.

Adolescents who begin drinking before age 15 are four times more likely to develop alcohol dependence than those who begin drinking at age 21

"I think it was a good meeting. We are concerned about the drug culture at school, particularly pot. We are concerned about what steps should be taken to crack down on the drug problem if we can't stop it. We want to create a positive environment at Kilbourne so kids don't feel like outcasts if they're not using drugs," says Harry Hansen, Mr. Simons' coach.

According to the National Institute on Alcohol Abuse and Alcoholism, "Adolescents who begin drinking before age 15 are four times more likely to develop alcohol

dependence.

Worthington Kilbourne Students recently took the Primary Prevention Awareness, Attitude and Usage Scales (PPAAUS) survey. Out of the 2,000 students that took the survey 400 were Worthington students.

The results from the 2001 survey showed that while 39% of Worthington's juniors and seniors said they drank alcohol at least once a month, the use of alcohol has been decreasing over the years.

Upperclassmen reported using designer drugs such as heroin or cocaine at least once a month. Currently this school year at Kilbourne, there has been one report of a student being caught with designer drugs on school grounds. There are 2 reports of students being caught with alcohol and 3 with tobacco.

"Our choices can have very diverse effects on your life including grades, discipline, and even death. Using drugs and alcohol is a poor choice for high school students," says Assistant Principal, Mr. Simons.

Clubs & Activities

Student Council

Canned Food Drive: This year's drive was the most successful one in the history of the Canned Food Drive. All the classes combined collected 8,231 cans, roughly half the amount collected in previous years.

Adopt-A-Sid is now in progress. Student Council representatives will collect money during 5A classes. All gifts must be wrapped and in the commons Friday, December 19, 2003.

DECA NEWS



It was a collaborative effort between us, and it was a good way for WKHS students to help those who are less fortunate," says Mr. Sanders, advisor for DECA.

This past Friday DECA students teamed up with Food for Fitness Classes to serve food to the homeless at the Faith Attention. Food for Fitness students prepared the food and DECA served it.



In-the-know

Future Matches:

- Weds, December 17th— Kilbourne vs. Reynoldsburg at DeSales
- Weds, January 7th— Westerville South vs. Kilbourne at Reynoldsburg
- Mon, February 9th— Kilbourne vs. DeSales at Thomas Worthington
- Tues, February 24th— Kilbourne vs. Bexley at Westerville South

Future Possible Matches:

- Tues, January 20th, 2004—7 PM—Televised
- Tues, February 10th, 2004—8 PM—Televised
- Tues, February 17th, 2004—7 PM—Televised

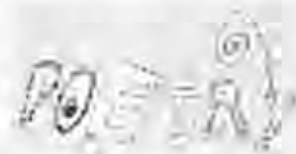


Key Club

- Continue to collect cans for homeless shelter until December 12, 2003
- Continue to collect gloves for homeless shelter until December 12, 2003
- Empty Bowls— making bowls
Mondays 3:00-4:30
(December 15)
Wednesdays 3:00-4:30
(December 10, 17)
For show on Friday,
Feb. 27, 2004

Prospice

Prospice is now accepting childhood-themed poetry, prose, and artwork for *Once Upon a Time*. Contributors are encouraged to submit pictures from their childhood along with any writing, though they are not required. Submissions are due January 9th, 2004.



Interact



We will be holding our biggest event of the year in January, the foreign exchange student weekend. We will be going to COSI with all of the Rotary sponsored foreign exchange students in this area. This is on January 10th. If you want to be involved, you have to have participated in at least 1 activity and see an interact advisor or officer if you have not already signed up.

Announcements from Academia

Seniors:

Remember that having your college application processed by the College Board (Senior Waiver, Waiver, Email, etc.) is essential to ensure a timely response from the college.

Get your applications turned in to Mrs. Floyd ASAP to have them mailed before break. At the time of the year the Counseling Office is busy with a lot of work and it is a good idea to process applications.

If you are applying on line, please request a transcript by filling out a College Transcript Release Form. Also be sure to download the Secondary School Report, if applicable.

Freshman, Sophomores & Juniors:

It is a good idea to start thinking about what classes you will be selecting for next school year. Registration starts in February.

Teachers are a great source of information to help you in choosing the correct classes.

See your counselor for any questions.

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Congratulations to Victor Du, entered by Kelly Wegley, for winning the NCTE Achievement Award in Writing.

Writing Contests

Hero Contest – Write about any kind of hero and you could win \$150. Fiction and nonfiction entries should be 600-800 words; entries of poetry should be 300 words. Entries are due January 6; see Mr. Cooke for details.

"There Ought to be a Law" Contest - Propose a new rule or law for your school, community, county, state, or country. Deadline is Jan. 31, 2004. See Mr. Cooke for details. \$600 first prize.

The Scholastic Art & Writing Awards of 2004 - Awards are given at the local and national level for grades 7-12. High school seniors who submit portfolios can compete for more than \$1.5 million in tuition scholarships; eleven portfolios will be selected to receive \$10,000 college scholarships.

Letters About Literature Contest - Write a personal letter to the author of a book who inspired you expressing how the book made a difference in your life. \$500 gift card to Target and a paid trip to Washington D.C. to the six national winners. See Mr. Cooke for details.

Nancy Thorp Poetry Contest - Sophomores and junior girls can submit no more than two poems to win \$200 and free tuition for the two-week creative writing class in Hollins University's Hollins summer program. See Mr. Cooke for details.



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Announcements from Academia

Attention all Juniors potentially interested in pursuing a career in education:

On Tuesday, December 16th WKHS will sponsor a field trip to the Lewis Center branch of OSU to learn about the Teaching Academy program that can be taken as a vocational option in your senior year of high school.

The trip will run from 8-11:30 and a bus will provide the transportation.

If you have any interest please stop by Mrs. King in the Counseling Department immediately.

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Mr. Nally would like to give alumni students Kerrie Kirkpatrick and Ashley Lauber a special honor by nominating them for Student of the Month for July.

Mr. Cervancek's Science Olympiad Team is doing awesome! Students are having a great time using their science skills for fun!

A tip from Mr. Nally on upcoming finals: "Organize what you know now, don't cram what you don't know later!!!"



Kerrie Kirkpatrick



Ashley Lauber

Wellness

Good luck to Mrs. Williams on her knee surgery this month. The Ravine wishes her a speedy and healthy recovery!!

Pottery Club

After School until 4:30 now on Mondays and Wednesdays.

Empty Bowl project please turn into ceramics teacher

Dreaming continued

If you are tired of Columbus, travel to the Cincinnati Playhouse to see *A Christmas Carol* which is playing until December 30th or venture to Bear Creek Resort Ranch in East Sparta from December 13 to March 9 for winter tobogganing.

At the Historic Village in Bellevue, participate in Christmas of Yesteryear from December 14-29 where you can learn more about past Christmases by visiting the old decorated buildings that represent different time periods.

Congratulations to the WKHS students who represented our school at the JEA/NSPA Washington DC journalism conference:

Ravine staff members: Mandy Smithberger-superior rating newswriting, Danny Ecker-excellent rating radio news. The following WKHS news team members earned honorable mentions: Andy Chow, Eric Raby, Alli Travis, Chris Gerke, Jerica Irwin

Congratulations to the rest of the competitors who helped bring WKHS' name and reputation of excellence to the nation's capital: Meghann Nerraiz, Jackie Best, Mike Alcock, Nick Newcomb, Branden Hayward, Lisa Woulf, Heather Black, Joe Emberger, Whitney Harrington.

When they were young...
and they once were



Debbie Terry

What were you like in high school?

Involvement and popular in a non-traditional sense. I was friends with everyone in every group. It made for some interesting parties at my house. Because I was well-liked and a fairly good student, I was able to get away with everything. I was a little bit of a prankster and never got caught.

What were you involved in?

I was in several clubs, including music and arts organizations. I also served as a counselor for Y clubs and volunteered at a hospital. My nickname was "Central Control" because I lived on Central Street and organized social events.

Did you have a car? What kind did you have?

NO-My father is a minister but never forced me to participate in his religion until it was time to get my driver's license. When I was going to convert to another religion my parents refused to let me have my license so I did not drive until I was 21. Their mistake- they had to drive me everywhere.

Get involved.

Join Key Club



You can be famous too.
Sign up to take
journalism
next year.

until drops of blood form on your forehead.

How serious is Anorexia?

Jackie Snyder '04

With the holidays just around the corner many of us are worried about eating too much and gaining weight. It is hard not to enjoy the holidays without indulging in decadent desserts. The months right after the holidays are the months when eating disorders are at an all time high, sometimes because everyone wants to get the weight off from all the holiday food. Each day Americans spend an average of \$109 million on dieting and diet related products. Many start on a healthy diet while others take the wrong road and end up with an eating disorder. There are now more and more health clinics to treat eating disorders, but there are also dangerous websites promoting eating disorders. It is important that society knows the risks of losing weight correctly. Over one person's lifetime, at least 50,000 individuals will die as

The average woman is 5'4" and weighs 140 pounds. The average model is 5'11" and weighs 117 pounds. Most fashion models are thinner than 98% of American women. (Smolak, 1996)

a result of eating disorders, according to Nikki Katz, a journalist who writes on women's issues. Anorexia nervosa is an illness that usually occurs in teenage girls, and not surprisingly 90-95% of the anorexic patients are girls. However, it can also occur in teenage boys and adults. What many do not realize is that anorexia can be fatal. People with anorexia are obsessed with being thin. They lose a lot of weight and are terrified of gaining weight. Anorexics have a fear of becoming fat and continue to think they are overweight even after they become extremely thin, are very ill, or are near death. Anorexia isn't just a problem with food or weight, it can start out as a simple attempt to lose weight, but it can turn into a control issue when it becomes more serious. If you continued pg

When they were young...
and they once were



Mr. Clark

If you were a student today what crowd would you consider yourself in?
I would be an alternative Jock!

Why did you want to be a dean?
I just really enjoy the high school setting; it makes me feel young.

What job did you have in high school?
I was a groundkeeper at a Cemetery.

If you weren't a dean what would you be today?
I would want to be a sports broadcaster on ESPN.

What sports did you play in high school?
Basketball, and Baseball

What did you do on Friday nights?
If I wouldn't have anything to do with athletics, then I would probably be on a date, with my high school sweetheart.

What is your greatest achievement?
My wife and I have raised two really nice kids.

Writing is easy. All you do is stare at a blank sheet of paper

The South Beach Diet

Look out Atkins...

Duru Armagan

Look out Atkins, the South Beach Diet is the latest diet craze being used by thousands of Americans, and it is especially popular among many celebrities. The South Beach Diet is not a low-carb diet, nor is it low fat. The diet simply teaches how to rely on the good carbs, and the good fats to maintain a happy and healthy life. In the first two weeks alone up to thirteen pounds can be lost. There are three simple phases to the diet.

Phase one lasts two weeks and is all about banishing the bad cravings. Phase one consists of eating the perfect portions of meat, turkey, chicken and fish. Along with the meat, plenty of vegetables, nuts, eggs, and some cheese is eaten. The dieter eats three meals a day. Skipping any meal is prohibited, because the dieter should not feel hungry. All breads, rices, potatoes, pasta, and baked goods are prohibited. Strangely, no fruit is allowed during phase one, because no sugar is allowed and fruit is full of sugar. There is

no need to panic, this is only for the first two weeks of the diet. Although it might seem impossible, all cravings for these foods will stop after a week.

Once phase one is complete, dieters will notice a weight loss in the mid section. The change that will not be noticeable is the internal change. The body will be adjusted, and the physical cravings that ruled the dieter's eating habits will be vanished. In phase two, a little bit of carbs, sugars, and fruit will be introduced into the diet. These foods should not be eaten everyday. If the dieter feels like pasta one day, then

continued page 11

until it rains of blood form on your forehead.



Larry Griffin

Who were the top groups in your highschool days? We all liked Led Zeppelin, Chicago, Parliament, the Temptations, and Michael Jackson.

What activities were popular in highschool? Marching band, Sock Hops, Baseball, Basketball, Football and Track.

What clothes were popular? Bell bottoms, Super-Fly shoes(platform shoes)

What was the big hairstyle? Everyone loved the Fro!

What college did you attend? I attended Eastern Kentucky University, and received my masters degree at The Ohio State University.

What was everyones favorite genre of music? Everyone loved Disco dancing and break dancing!

Be famous.

Write for the Ravine.

When they were young...
and they once were

Tim Cave

1. What were the clothes styles in high school?

I never subscribed to the ideas of "style," I wore Levi's and T-shirts exclusively

2. What was your first car?

1969 Chevy El Camino SS 396. It had 675 horsepower and I never drove like an idiot! (But I raced it on the weekends)

3. What sports did you play?

Lacrosse.

4. What kind of music did you listen to?

Led Zeppelin, Blue Oyster Cult, Boston Rush.

5. What were you like? Looks and personality?

"Dorky" jock. I was the poster child for

Clearasil, my acne was so bad that I convinced strangers that I was the goalie for the dart team.

6. What were your favorite subjects?

Chemistry and all foreign languages fascinated me. Worthington used to have Russian, it was awesome.

7. What were your favorite sports teams?

Buckeyes, Bengals, Reds.



Thailand, and Italy. The five students, who will be in Ohio for about one school year by mingling with different families in the community, are sponsored through local clubs and organizations.

Exchange students attending WKHS tend to have a positive view of it, but say there are some differences. "Teachers are more friendly here and students are friendly as well. I met a lot of really nice people and friends here," says Jaromila Barborova, a junior from Czech Republic.

What about academics? "School [at WKHS] is much easier, teachers are repeating the same stuff here. In Finland we go a lot faster and there are much more things to learn. We take school more seriously. We don't have dress codes," comments Lilli Paaso, an exchange student from Finland.

In some cases the school system itself is set up differently; "It's really different. After middle school we have to choose between different high schools. For example I am in a scientific high school and all the people in the same school have the same classes. You cannot pick the classes and you are always in the class with the same people. School in Italy is really hard and we have to go to school on Saturdays," says Silvia Bianchi from Italy.

So, how is social life different here than overseas? "Well, after school [in Czech] I go with my friends somewhere like for pizza or coffee, or we play a sport like soccer or biking. Friday we always go to movies or bowling. On the weekends we go out somewhere like for a party, or we travel together somewhere," says Barborova. Those activities are similar to activities American students participate in, which shows that the

Writing is easy. All you do is stare at a blank sheet of

An International Perspective

Emily Hill, '06

WKHS has exchange students from Slovakia, Finland, Czech Republic,

for jobs, or Europe that come to our area for the best jobs in the?

Exchange students must come here to visit as they travel to your here and must stay with people they have never met before. Traveling is scary by itself. As exchange students come here a lot of stories. Personally I think that the funniest part is when I came here people were asking me a lot of questions like "do you have television here?" or "do you know what a CD is?" All the exchange students have their own stories. Barborova, Despite the fact that these questions seem silly, it is right that most exchange students experience this.

By having exchange students at WKHS, American students can become familiar with other cultures

"It's really funny when American guys ask you some questions like 'do you speak Italian or English in Italy?' or they say stuff like 'I don't

know you guys play basketball or football.' Where is Italy? Isn't it your country near Asia?" agrees Bianchi.

Kilbourne only allows five exchange students to attend each year. The school looks at the students' profiles before they come here to see if they are good students and can speak enough English. Once in a while students will come here and decide to graduate, which means they must take extra courses in one year to get the required courses in. This year someone has decided to do that, but some of the students still have to study for their classes back home because they must take tests when they go back to order to pass that year in their country.

Students from WKHS can be exchange students themselves if they come to our area. We can talk to an organization that sponsors them and ask to have one stay with them. By having exchanges, American students can become familiar with other cultures and realize that their culture isn't that different from others.

paper until drops of blood form on your forehead.

When they were young...
and they once were



Mike Zelch

What were your favorite things to do throughout high school?
Play basketball, chill with my homies, act in plays and musicals, avoid running.

Would you have considered yourself "popular?" Why or why not?

No— my group of friends were definitely the "nerds," but we had fun. At my school, the "popular" and "unpopular" people got along well.

What kind of music did you listen to?

The "popular" music of the time: U2, Bobby Brown, LL Cool J, Pink Floyd. I'm a little embarrassed about those— college definitely improved my musical taste.

Look back... How would you describe yourself back then?

A big geek— but a nice guy.

What was the worst thing you did in high school?

Officially: My ride was late so I got a detention during the last week of my senior year.

Who was your high school love? Or did you not have one?

Jenny Way— she was a sweetheart.

STRAIGHT EDGE...What is it?

Alexis Loveland

In the underground hardcore/punk music scene there is a growing group of young people that call themselves "straight edge." This is a movement among the youth of today that makes it "cool" to keep the body pure and the lifestyle clean.

What is straight edge? Straight edge is what people who choose not to consume alcohol, use tobacco or any drugs call themselves. A non-promiscuous sex life is also favored by most straight edge people. Straight edge ethics are a choice made on a personal level; for instance some people choose a vegan life style as well, some choose to not ingest caffeine, some abstain from as many legal medical drugs as possible, even, Aspirin.

To be straight edge is to keep the mind, body and soul free from self-destructive behavior; including drugs, alcohol, and even cigarettes. Straight edgers (sXe) see the harm that these substances cause and choose to free themselves of any crutch that may be used to replace happiness. Drugs and alcohol inhibit the ability to see clearly and are used as an escape, to temporarily hide from daily problems. AsXe is strong enough not to hide, and strives to make his/her life better and stronger by passing up the easy way out.

Another choice for many straight edge people is to be environmentally aware, involved in recycling in the neighborhood, aware of power usage in homes, and involved in environmental organizations like Green Peace. Straight edge is a non-violent movement, usually built on self-preservation or abstinence. It is for some a discipline, and for others a simple choice.

Anorexia cont'

attempt to use food and weight to deal with emotions.

There are many effects of anorexia, some more obvious than others. Girls with anorexia usually stop having menstrual periods. People with anorexia have dry skin and thinning hair on the head. They may have a growth of fine hair all over their body. They may feel cold all the time and become ill more often. People with anorexia are often in a bad mood, and a hard time concentrating. It is not true that anorexics are never hungry, food is always on their brain. Feeling hungry gives them a feeling of control, and accomplishment.

Anorexia is not just a diet where a little too much weight was lost. Eating disorders are something that victims have to deal with their whole life. A person is never fully cured of an eating disorder.

Treatment for anorexia is difficult, be-

cause people with the illness believe that there is nothing wrong with them. Patients in the early stages of anorexia may be successfully treated without having to be admitted to the hospital. For a patient to be successfully treated, they have to want to change their eating habits and need help from their family and friends. There are many treatment centers out there as well as websites filled with information on the illness. However there is something to be aware of when searching the internet. Many of the websites are in the category of "Recovery and Support" and many websites belong to eating disorder organizations, but there are pro-eating disorder websites that are dangerous.

For help or information

National Association of Anorexia Nervosa and Associated Disorders (ANAD)
P.O. Box 7
Highland Park, IL 60035
Telephone: 847-831-3438
<http://www.anad.org>

until a... of blood form on your forehead.

Harassment survey results unbinding

until drops of blood form on your forehead.

At Kilbourn, Kithouros-students took a poll on harassment from food and the shocking statistics amaze. Nearly half (47.6%) of our students reported being teased about their physical features like height, weight, race and sex. Kids reported getting harassed the most their freshman year, but a significant number still say the harassment gets worse as they move toward graduation.

Almost a quarter (23.9%) of our students report they have been physically attacked at school

Girls, however, reported less harassment about physical issues, and more harassment between cliques. Although boys and girls deal with very different physical changes that can be targets for harassment, all students are going through the process of self-discovery. "If you don't know who you are, then you don't know how to act," says Vicki

Harvey, Vice Principal and advisor of ERASE. "Anyone who has been in high school accepts that some teasing and harassment will happen, but the school is concerned about the fact that almost a quarter (23.9%) of our students report they have been physically attacked. In addition, more than one quarter (26%) reported feeling threatened or intimidated by groups of students.

Girls tend to intimidate by excluding others, and Kithouros considers this harassment. Students disagree. "When I think of harassment I think of name-calling and picking on a person, but if a group of people doesn't want to hang out and they have not said anything to offend you, then it shouldn't be considered harassment," says Sarah Blaine, sophomore.

Everyone agrees, however, that bullying is a form of harassment and yet one third (32.8%) of Kilbourn students report being bullied or harassed. Kilbourn bullies tend to target students the same age or girls.

Another disturbing trend students and staff are seeing is teachers reported of students with physical disabilities report Harbly. Teachers are reporting the

behavior but all students need to be on the lookout and report anything they see to a parent, teacher or an administrator. Teachers and students can also help by just simply saying, "We don't do that here."

The school board considers harassment as a serious matter. Harassment and intimidation or other intimidating, disgraceful, discriminatory and/or racist acts are not tolerated. A first violation yields 1-3 days of A/S in school suspension, to 1-3 days OSS, out of school suspension, with mediation. For the second violation students are assigned 5-7 days OSS, and the third violation 7-10 days OSS and recommendation for expulsion. Students who report racial harassment or other slurs must have a witness to corroborate the story before the deans can dole out punishment. "We (Kilbourn) run family. We want to provide all the support we can so that the student can be here to "do school" without being harassed" says Tom Pappas, dean of students. Students who are victims of harassment, social or otherwise, are encouraged to report to student services immediately for assistance.

Kids and parents who are unable to produce proof or do not want to pursue consequences for the offender can meet with representatives from the ERASE team who are here for counseling. Lisa DeGarmo and Mrs. Hammond

Nearly half (47.6%) of our students reported being teased about their physical features like weight, race and sex

can be found in the counseling office and the co-curricular offices. "We want other students who observe the bullying to stand up and say, "Let's not do that, that's not cool." We want students to be aware after all the students being harassed could be your siblings or someday in the future, it could be your child," says DeGarmo, member of the ERASE team.

As we look at the profile of perpetrators, the majority were victims first. When spurned, rejected, or bullied, some adolescents resort to violence. They want to resolve their problems quickly and with a measure of finality that is oftentimes rather scary.

Ronald Stephens, executive director of the National School Safety Center

When they were young...
and they once were



Ellen Clark

High School:

Kenton Senior High School

Sports/Activities:

played the flute, majorette, first ever girls track and field team at Kenton.

Popular Music:

Carol King, Simon, Pink Floyd, Bachman Turner Overdrive.

Clothes:

bell bottom jeans, clogs, jean jackets.

What would you do on a Friday night?

ride around the city square and honk at friends going the opposite direction.

Favorite class in high school:

typing

Popular Movie:

JAWS, I waited in line for an hour to get the ticket!

Pirates of the Internet

Steve Mazurek

Currently there have been nearly 300 federal lawsuits filed by the RIAA (Recording Industry Association of America) against music swappers across the nation. The industry is sending out letters to people threatening litigation and offering settlements in exchange for copyright violations. Music industry representatives claim that music sharing services such as Kazaa, Morpheus, Grokster, and Limewire have caused a 31% decline in record sales over the past two years.

Industry officials are threatening ISPs (Internet service providers) into handing over the names of users that have downloaded large quantities of music. There have been 1600 subpoenas of this kind made to ISPs. Some ISPs, such as Verizon Communications, sought to overturn the subpoenas because they violate the "protection of expressive and associational interests

"Industry officials are threatening Internet Service Providers into handing over the names of users that have downloaded large quantities of music."

of Internet users." However, the Justice Department filed a report stating that the subpoena was constitutional, and that it actually protects First amendment rights by enforcing copyright laws. The RIAA can use this information to track down and sue large numbers of people. A wide range of people have been targeted by the industry, from a 12 year old girl in New York, to a 71 year old grandfather in

Texas. "I am sure that a gray haired, middle-aged woman going to court to defend herself from charges that she downloaded music by a band called Incubus is going to get a laugh," said Janet Bebell.



54, as reported by the *Denver Post*.

The lawsuits are only the most recent attempt by the music industry to stop users from illegitimately obtaining copyrighted music.

Back in July 2000, Napster, the first popular music sharing service, was shut down by a lawsuit from the RIAA. More recently, compact disc manufacturers have attempted to implement anti-piracy measures into CDs with varying success.

The public has responded to the RIAA's attempts to stop piracy in two ways. First, some have become wary of file sharing in general. "My dad deleted all of our music and uninstalled Kazaa after the law suits because we didn't want to get sued," explained sophomore Benton Keller.

Second, there has been a public backlash against the already disliked recording industry. "I think the recording industry should leave everyone alone... they're just a bunch of greedy pigs," commented junior David Johnson.

Despite these efforts, file sharing continues to grow. There are already 60 million American users logging into such services as Kazaa. "My song library consists of 650 songs," commented junior Greg Winchester, who was not at all concerned about consequences from the RIAA.

South Beach Cont.

he may eat pasta, but should avoid any other carbs for that day. The dieter will remain in phase two until they reach their desired weight.

Phase three is the new eating habits the dieter follows for the rest of his life.

The biggest difference between the Atkins and The South Beach Diet is that Dr. Arthur Agatston steers people toward "good" fats in olive oil, nuts and lean meats while Atkins allows cheeseburgers (without the bun), bacon, butter and fried foods. In the long run The South Beach Diet teaches the dieter how to eat healthy for the rest of his/her life, while the Atkin's Diet just helps take off the weight at that time.

Are you SAD this winter?

By Wade Wicks III

The seasonal affective disorder would like to call it (usually a mental health condition) "Winter Depression" (SAD).

The disorder occurs in the months of September and October and lasts until April. Because of the lack of sunlight, the body produces a melatonin surplus. This is due to a deficiency in the pineal gland, which is the area of the brain that controls sleep, eating, breathing, etc.

So is the cause of the disorder something that can be treated? Certainly, the disorder can be done to help by using the sunbath. One of the most popular and easiest ways to treat SAD is purchasing special light that simulate sunlight. These cool-white fluorescent lights or white incandescent lights are proven through studies to be effective in the treatment of SAD.



According to Raymond G. Licio, M.D., Doctors also have studied a laser stimulation. The laser and light are a strategy for a complete week. There have only been a few case reports on light therapy, headache and treatment, according to researchers at San J Psychiatry.

Another type of treatment being studied is anti-depressant drugs. "One case study suggested that citalopram and fluvoxamine, both selective serotonin reuptake inhibitors, were as effective as light therapy," according to researchers at San J Psychiatry.

Whose morals? Whose freedoms?

an editorial by Pat Farnham

Last month saw tomahawks dropped on personal liberties in Washington and Florida. Congress has just passed a bill banning the controversial "Partial Birth" abortion, which the President has pledged to sign. In Florida, the state legislature has given Governor Jeb Bush the authority to take into his hands the matter of a 39-year-old woman who has been comatose for 12 years and override a judge's decision that her husband should be able to direct the withdrawal of a feeding tube (that is, keeping her alive).

Religious fundamentalism and Republican politics have played a part in each of these issues, but the abortion decision saw 17 Democratic members side with the historically conservative restriction on abortion. In Florida the state legislature gave the Governor the authority he seemed to desire to override the court decision. Obviously then these decisions are not so much politically driven, as morally.

What are the moral reasons for the government to step into individual's lives? "Intact dilation", the technical term for Partial Birth procedure, is a late stage abortion, and is seen as an overly extreme measure. Supporters of the ban say that they are eliminating a practice that is barbaric, and is not, under any circumstances morally or medically acceptable. I believe that every person should follow their conscience, and am fully in support of politicians taking the moral high ground. But I wonder if the constituents of these Congressmen, especially those 17 Democrats, really would agree with the measure. When a bill is passed that delves not only into the private lives of individuals, but into the professional arena of doctors, whose conscience is it that should be the determining factor? Thousands of women each year decide on this practice, and they depend on their doctors to be able to act in their best interests. When politicians make medical decisions, it's like grabbing the scalpel out of a doctor's hand. Also, the bill makes no mention of the woman's health. Are we saying that morally we are better served to risk the life of the mother than to terminate a pregnancy? The court's judgment that the Supreme Court has

consistently ruled is the mother's to make, not the government's.

Meanwhile, Florida Governor Jeb Bush wants to make sure everyone knows he is all about life. In fact, he is so dedicated to preserving a heartbeat, that he is willing to cut the throat of the Supreme Court in order to do it. By passing a bill in the interest of an individual case, Mr. Bush is confusing the role of government, and effectively destroying the separation of powers. The duty of the legislature is to embody broad principles into laws. It is then the courts to determine how those laws should be applied to individual cases. It is NOT the responsibility of any legislative body to fight one way or another for an individual, and it is not the duty of a governor to press his own moral judgment on others, especially not in a way that undermines another branch of government.

In short, the newest fad in government is to declare your own morals to the world by pressing them upon as many people as possible. But that is not the way America has historically been run. Personal matters of life and death have, until now, been left up to the individuals, rather than the governing bodies. To allow the government to one-by-one choose who lives and who dies is to give up your own morality. These moral issues are not so far removed from civil us students' 20% of abortions are given to women between the ages of 15 and 19. The point is that the people in government and their philosophical and moral positions have a direct influence on how we live our lives. And students, as citizens who will be voting in the very near future, should take care to consider who among candidates has values in agreement with our own.

Review: The Nerd

Heather Blackitt

Waldgrave's William was just another funny performance. The comedy team's performance of actors William Hayward as William Cubbert, David Albright as Rick Steadman (the nerd), Zak Woods as Axel Hammond, Juan Javala as Tansy Meginnis, Benj Mirman as Warnock Waldgrave, Bartlyn Dao as Lelia Waldgrave, and sixth grader David Busch as Thor Waldgrave. The play's setting took place in Terre Haute, Indiana in the home of William Cubbert.

The performance begins with William Cubbert, a dedicated architect who had forgotten how to enjoy life and live it his own way. His friend Axel Hammond and his sweetheart, Tansy Meginnis, notice his constant contribution to his work and how unhappy he is.

One day while listening to his answering machine, Cubbert comes across a message from his rescuer in a past war, Rick Steadman. In the message, Steadman says he'll be coming over for a visit. Cubbert, being unconscious during the rescue, was incredibly excited since he had never spoken to Steadman in person. In fact, he had only contacted Steadman through letter writing and in one of his letters he had mentioned that "as long as he was alive, he'd do anything for Rick."

Steadman decided to pop in on the same day Cubbert was having a visitation from Warnock Waldgrave, a man who had offered him a job, and his family Mrs. Waldgrave and Thor Waldgrave.

The get-together becomes a disaster when Steadman and his obnoxious personality arrive. Finally, the Waldgraves depart in an angry mess, leaving Cubbert alone with Steadman. Over time, Cubbert becomes incredibly fed up with

Steadman and decides to find a way to get rid of him. He, Hammond, and Meginnis make a plan to drive him crazy, but when they attempt it they find him enjoying the game. It isn't until

Waldgrave walks into Cubert's home and angrily removes him from his job, did Cubert grows fuming with hostility towards Steadman, sending him immediately out the door. After he is gone, Cubert realizes his freedom and that he'd needs to find the type of job where he can do things his own way, and not always follow the instructions of other people. He happily walks out the door with Meginnis in hand, glad in some aspects that Steadman intervened with his life.

In the ending of the play, Hammond was left in the room and in a few moments, Steadman returned. It just so happened, however, that Steadman was actually not Rick Steadman but a friend of Hammond's who helped push Cubbert out of his shell. The entire incident was an act planned out by Hammond and his accomplice.

The Nerd was a spectacular comedy that made the whole audience burst with laughter. The characters were lively with amusing impersonations, gestures, and expressions. There was a part in the play where Cubbert was explaining an incident he had with Steadman to his friends Hammond and Meginnis. His voice tone and dramatic character gave way when he began speaking of

The Nerd was a spectacular comedy that made the whole audience burst with laughter.

Student Perspective

Question

Favorite Christmas Tradition...

Going up to Texas.

- Sophomore Keith Klepper

Eating.

- Freshman Kelsey Grudbaugh

Spending time with my mom's family.

- Sophomore Katie Mecheneir

Having no homework.

- Sophomore Brittany Baker

Going to my grandma's house on Christmas Eve.

- Junior Elizabeth Lytle

Decorating the Christmas tree.

- Junior Andrew Schmitz

Lighting candles for Hanukkah.

- Junior Branden Seitz

Making cookies.

- Junior JJ.

My family has a Tradition where someone pretends to be Tinkerbell. She comes in during the night and puts pajamas on everyone's bed, leaving glitter in the hall. I show she was there.

- Freshman Kristine Anderson

Opening Presents.

- Freshman Jesse Lycan

Receiving presents.

- Senior Juliana Alain

Putting up Christmas lights.

- Junior Brett Poydence

Cutting down the tree.

- Junior Lauren Flury

Going to church with my family on Christmas Eve.

- Junior Kristina Boggs

Making cookies on Christmas Eve.

- Freshman Nitarren Joe

Pinning the tail on the donkey & making snow angels.

- Senior Preston Young

Making star-shaped cookies.

- Junior Angela Collard

continued page 24

HOLIDAY SHOPPING

Hamilton, 12/15/01

It's the time of year when the holiday season is all about good food and good friends. With commercial ventures all over the place, the highly anticipated holiday season is less about our individual interests. In fact, more than 65 percent of Americans, people between the ages of 16 and 24 would agree that the most stressful part of the holiday season isn't the added weight from abundant food or the visiting relatives, but selecting and paying for holiday gifts. It's completely possible to enjoy the holidays this year if you identify your budget, make a solid gift list, and stick to your plan.

Sticking to a list might be harder than it seems. Retailers count on the holiday season to make up the slow times during the year, so they spend a good amount of money on marketing their gifts. They are experts in getting the consumer to spend money on gifts that weren't actually planned for. It's taken for granted that students normally shop for family members, but how do we decide which friends we'll go shopping for? And an even larger question looms next to this one: "How do I live on a tight budget?"

"There are so many people on my holiday shopping list, it has seriously become depressing," says senior Morgan

Lucas. "I just want everyone to be happy, but it's hard!" Many students are familiar with the holiday dilemma: Christmas/holiday shopping can drive you into an all-or-nothing situation... you either don't buy presents for your friends or you buy presents for every single acquaintance, out of the guilty feeling that it would be wrong to give gifts to only certain friends. A possible solution that would allow you to expand your gift list to

all of your friends? "Go to the dollar store and get creative," offers junior Emily Wilson. "You can buy lots of things that are actually decent gifts, and you can even combine different little things to make it look like you got a lot for one person." Wilson's suggestion of a dollar store or similar shop is perfect for the shopper that is low on funds but has some time to put together presents. Other inexpensive gift ideas include home-made gift baskets, recipient-specific calendars, a copy of the recipient's favorite movie... the list goes on and on.

Some of us are on the flip-side of the shopping dilemma: we have more money to spend on gifts but less time to shop! In this situation, the most important thing to remember is that it's the thought that counts" will

continued on page 22



Dreaming of something to do

Alex Sharkey '04

If Winter Break becomes monotonous to you, there are many activities to participate in during this gray-skied period.

The upcoming movie *Lord of The Rings: Return of the King*, released on December 17, is the final adventurous sci-fi movie in the trilogy and is rated PG-13.

Mona Lisa's Smile (PG-13) comes out on December 15 and is about a young teacher at Wellesley College who inspires her students during a woman's movement in 1953.

The comedy *Cheaper by the Dozen* (PG) will be released on December 13 and is about a father taking a football coaching job at Northwestern University and how it affects his wife and twelve children.

The Company (PG-13) comes out on December 23 and is a drama about the life of ballet dancers.

If none of the upcoming movies appeal to your interests, go see the Wildlights at the Columbus Zoo from November 21-January 7. There will be more than two million lights decorating the trees and visitors can take a train, go on wagon rides, or feed your Santa Claus.

The Ohio Statehouse is hosting the Holiday Concert series from December 2-20. Central Ohio School choirs will sing Christmas carols Monday through Friday from noon until 7 pm.



Cheaper by the Dozen



Mona Lisa's Smile

continued on page 8

Seniors Only

What should I do now?

Mandy Nagler '04

The applications arrive, and you have received your first acceptance letters. The only thing left to do is decide which school you want to attend. Many factors go into this process, and most students do not know where to begin.

One thing to keep in mind, "there is no perfect school," states collegeboard.com. If you are worried about which school to attend because of its reputation, relax. The College Board reports that "statistics show that what he does while in college matters more to [his] future success than the name of the school on his sweatshirt."

Once you narrow your choice of college to two or three schools, take another visit. Counselor Julie Harning believes it is very important to "visit the colleges you are most interested in at least once if not more and go while the kids are there." This is a major decision, and it won't hurt you to double-check the University and campus life. Upon a second visit, you may notice something you missed on the initial visit, making it easier to make your decision.

When you return home, write down what you like and don't like about each school. "I just recently got accepted to my top two choices and I didn't know where I really wanted to go. I was able to take an

"...statistics show that what he does while in college matters more to [his] future success than the name of the school on his sweatshirt."

College Board

whether you to both teams and upon the 1-0 comparison, I found that the University of Dayton

seemed to be more appealing to me," notes senior Jessica Mowery.

After revisiting all of your choices, compare each list. Make sure to include important details, such as location, tuition (including room and board) financial aid and scholarships awarded to you from each school, class sizes, and enrollment to the college. Also, look into athletics or any

other programs that may interest you.

Collegeboard.com also offers a variety of sources and aids to help you decide which school you may want to attend. Click on 'compare colleges' found

under 'college search' and you are able to see a side-by-side comparison of three schools at a time.

When it actually comes time to make your decision, accept some input from your parents. This decision won't only change your life, but their lives as well.

Seniors Only

Do you agree with athletes like LeBron James who go pro right after high school? Why?

I think it's awesome when you're talented enough to enter the pros after high school, but I think it would be wiser to play in college before going pro. With skills like that you could probably get a full ride just about anywhere, so not only would you continue to play but you could get an education just in case basketball couldn't lead you as far as you'd hoped. College ball could also help improve your skills, making you even more successful when you go pro. -Libby Sullivan

Yes, if they've got the talent anything is possible! -Anita Krishnar

No, he should not go pro after high school. What happens when he is 40 and can't play basketball because he is old? Is he going to work at McDonald's because he sure won't have a college degree. -Mark Taracuk

Yeah definitely if they have the skills why not enjoy doing what they want to do now and get paid for it. -Dhara Shah

I think that essentially America is the land of opportunity and freedom, and I do not think that anyone should be able to restrict certain freedoms. Kids drop out of school all the time and get full time jobs. There is no difference in what he is doing. His successes in the NBA so far prove that he is able to handle it. So why should he have to wait four years to graduate from college, if he can compete now? -Christian Glason

Yes...because if you can, why not? -Luke Ruof



Opinion

Questionable Moral Ends

Mark Miller

While the Dow Jones continues to climb, the Traditional Values Coalition is expending over 100 million dollars spent in an effort to ensure the recipients are using the money towards moral American ends. Or at least the moral ends of the Traditional Values Coalition.

Recently the Traditional Values Coalition released 10 federal grants to a list of two hundred scientific researchers in hopes to circumvent the researchers and challenge to receive the federal grants the researchers depend on. The targeted researchers study various topics of health and sexuality including HIV/AIDS, sexually transmitted diseases, and adolescent sexual behavior.

"The grants are being funded to examine bizarre sexual practices with little or no bearing on public health," said Traditional Values Coalition executive director Andrea Lattin to the *Oakland Tribune*.

Lattin, quoted *The New York Times* that the Coalition speaks not only for American taxpayers, but also for God. "What makes us unique among all the conservative groups is that I believe we truly represent the body of Christ," she said.

The Joint United Nations Program on HIV/AIDS reported approximately 42 million people around the world live with HIV/AIDS; 15 million are children. The Center for Disease Control reported that HIV was found in approximately 886,575 people in the United States by 2002. This is not just an issue of extramarital sex or any other claim against morality; scientists are trying to remedy a global health crisis.

Whether or not the research continues, the epidemics will continue to exist, if not grow. More than 15 million Americans will be infected with a STD this year. "There are groups in this country who want to keep their heads in the sand when it comes to behavior they don't like," said Howard J. Silver, executive director for the Consortium of Social Science Associations.

"Given the AIDS pandemic and the significant number of people with STDs and the volatile mix of drugs, sex, and disease, this research is necessary."

Among the people on the Traditional Values Coalition's list Evelyn Hooker of UC Davis, one of the pioneers for understanding homosexuality.

It is difficult to understand the threat Hooker poses to the moral fiber of the United States, considering that Hooker is dead. "What it said to me is that people are on the list because of being associated with a funded project, but also because of their work studying gays and lesbians," said UC Davis professor Gregory Herek in the *Oakland Tribune*.

and Tribune

Still the Traditional Values Coalition insists the integrity of the federal government, not the Coalition, is questionable. "We have nameless, faceless bureaucrats doling out money like a teller at an ATM to do things like study the sex habits of Mexicans before and after they cross the border," said Traditional Values Coalition founder Everett and Lou Sheldon to *seattlepi.com*. "This doesn't pass the straight-face test."

The Traditional Values Coalition is not nearly as concerned with the honesty of its spending. Russ Baker reported on *compsite.com* that the Traditional Values Coalition developed a "Christian alternative" to the AARP.

The "Christian Alternative" ran operating deficits in excess of one million dollars in both 2000 and 2001, but did not struggle to responsibly paying Reverend Sheldon's son and daughter. Apparently nepotism passes the "straight-face test" just fine.

Passing the "straight-face" test

Headlines of the week

US Set to Start Iraq Contract Bidding Soon

The Pentagon said it would likely issue tenders for \$18.6 billion in US-funded contracts to rebuild Iraq in the next few days.

Gore Endorses Dean

Former vice president Al Gore announced he endorses the campaign of presidential candidate Howard Dean for the upcoming 2004 election.

Finance Law Upheld

The Supreme court narrowly upheld key components of a far-reaching campaign finance law, but its ruling is not expected to stem the flow of political advertising money to television and radio stations.



Teaching you to teach others

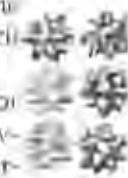
Sallynn Ingarzo '04

Any future teachers out there should consider applying to the Tuttle Academy at the Delaware Area Career Center South Campus for this senior year. It is a great way to head start a college degree and it will add more experience to a resume when applying for a teaching position after college.

The program lasts all of senior year and includes students from the Worthington, Westerville, Orientangy, and Delaware areas. Kilbourne currently has four participants in this program, Angela Quilar, April Hughes, Beth Wickizer, and Meghan Davidson.

"The first quarter consists of learning how to teach, good qualities for teachers to have, and how to get to know students. Second quarter, everyone is placed with an early childhood (grades K-3) teacher, third quarter we are placed with a middle school teacher (grades 4-9) and fourth quarter we can either go to high school or a special ed. school. We are in the classroom Tuesday-Thursday and act like student teachers by getting to write lesson plans and teach," explains Angela Quilar, a senior at Kilbourne.

To participate in this once-in-a-lifetime learning opportunity, look at the VIS or listen for an announcement for the date and time when Mrs. Lyheris, the teacher of this program, will be coming in to speak to interested juniors. Students can talk to their counselors during scheduling for their senior year to make sure that they have time to fit this program into their schedule.



Holiday Shopping (cont. d)

always apply. Don't run into a department store or expensive clothing retailer, grab a gift card or fancy item and run out. Instead, swing by a store like Gags & Gifts at the Tuttle and City Center mall. Why is this a good idea? "We don't carry the stereotypical gift," states Wayne Smith, manager of the Tuttle shop. "Instead, we carry the gifts for those people that are looking for the non-traditional gift." What kind of gifts is Smith referring to? Something unique for everyone on your list, from the Monopoly-spinoff 'Buccopoly' (\$24.99) and OSU checkers (\$19.99) pitting OSU helmets versus Michigan Helmets for the O.S.U. enthusiast, to the remote-controlled 'Flipster' race car (\$20) and the infamous remote-controlled Part Machine for younger males, to the neon light figures (\$29.99) shaped in the form of everything from butterflies, hearts, and flowers for females on your list, to the wide variety of unique T-shirts offered at the store. "We're chock full of great stocking stuffers and gifts for both males and females. It's a small store, but the variety is second to none," said Smith.

No matter what holiday you will be celebrating over the next few weeks, no matter what your budget or time constraints, remember this: make a list, check it twice, don't impulse buy and if all else fails... don't be afraid to make something yourself! Junior Melarue Shingledecke adds, "Whether I got it from a friend or a family member, I know I would love something home-made as a gift for Christmas. It's become a cliché, but it really is the thought that counts!"



If you had a million dollars, what is the first thing you would do or buy?

I would buy Mandy a brand new car because she is the greatest ever! -Kevin Green

A '65 Shelby Mustang GT 500 or hair gel for Babka's flip -Ryan Jacquot

I'd buy a professional football team -Ryan Parks

A private concert from System of a Down -Roger Payne

I would travel around the world -Jarelt Alexander

I'd stand on top of it and then swim in it, like in Duck Tails -Brad Gaskill

I'd buy an X-Box that I could never lose -Jason Pedrick

I'd buy a million junior bacon cheeseburgers -Ben Jekeli

I would stop going to school -Mike Lippert

I'd but a Saleen S7 -Bill Mauro

Meet your new school board members

Jackie East '08

Julian L. Horton was elected to the Board of Education for the Worthington School District (Worthington, Ohio) in 2004. Jackie East was elected to the Board of Education for the Worthington School District in 2004. Jackie East was elected to the Board of Education for the Worthington School District in 2004. Jackie East was elected to the Board of Education for the Worthington School District in 2004.

How did being on the school board affect your family and how do you think it will affect them this time?

Julian: Balancing family time with board duties was certainly a challenge. Sometimes my family had a hard time to meet pressing issues on the board. After four years on the board, I am getting a better balance of time between work and family.

How do you think being on the school board will affect your family?

Jackie: Being on the school board is not a fulltime job. I do not believe that my family will feel a great deal of impact except I will not be available to help with math homework on Monday nights.

What changes in the schools are you hoping to make?

Horton: Increasing the communication between school officials and the public.

Jackie: I do not have a personal agenda. I believe that any changes will need to be the product of a group effort involving the school board, the superintendent, the treasurer, the teachers and the other school employees. Any changes must also be submitted to the public at large, because the people in the district make important decisions about how much money we have to spend.

How do you feel about the levy?

Horton: It is needed.
Jackie: I personally believe that we need to know, through polling, how large a levy the people of the district will support. Because the government has not addressed important issues involving school funding.

What was the worst/hardest part about being on the school board and what are you looking forward to the least about being on it again?
Horton: The worst part was last spring when we had a 10 million from the budget. What I am not looking forward to is convincing voters that a levy is need in 2004.

What do you think will be the worst/hardest part about being on school board?

Jackie: The worst part of the future is finding a way to fund the excellence we have seen in schools without raising property taxes to the point that people who live on fixed incomes feel they have to sell their homes.

Describe the campaigning experience (what you did, how it affected you and your family etc)

Horton: This year's campaign was fairly low key. The public seemed rather disengaged with the total process.

Jackie: I have been involved in eight different elections. Twice I ran for statewide judicial office. Five times I ran countywide. This last time I ran only in the Worthington City School District. Running only within a district cuts down on the travel required and on the amount of campaign money which must be raised. My family life was not disrupted by this campaign. I think we all enjoyed the experience.

What do you think was the biggest help in getting you elected?

Horton: Staying visible and involved around the community.

Jackie: The biggest help was the extensive news coverage provided by the Suburban News Publications and This Week Worthington. People could learn a great deal about the candidates by reading the local newspaper.



I believe that I can help the Worthington schools keep the excellence they have demonstrated for many years.
-Jackie East

Why did you decide to run for school board?

Horton: Still a lot of unfinished business to take care of, district downsizing in particular.

Jackie: I have always had a strong interest in public schools. I attended Columbus public schools. I ran for the school board because I believe that I can help the Worthington schools keep the excellence they have demonstrated for many years.

What was your favorite part about being on the school board and what are you most looking forward to about being on the school board again?

Horton: I enjoyed working on a team that was committed to making Worthington schools the best they could be. I am looking forward to guiding the district through these challenging financial times.

What are you most looking forward to about being on the school board?

Jackie: I like the current members of the school board. I look forward to working with them to help solve the challenging financial problems that we face.

Dr. Fad talks to Business Class

Wed. Newsweek '11

All of a sudden, College Prep Business Class received an early Christmas present (last year, mine didn't) come wrapped up in a box.

Instead, the gift came through a phone conversation with multi-millionaire businessman Ken Hakuta (Dr. Fad), creator of the 1980's Wacky WallWalker toy, taking time to speak to the class from an airport. Hakuta stressed the importance of simple and new ideas for any entrepreneurial pursuit. It is this belief that made him famous when he first introduced the Wacky WallWalker creation nearly two decades ago.

The Wacky WallWalker was a small rubber toy with eight legs that was able to "walk" down walls due to its adhesive outer shell. Hakuta first envisioned the product in 1982, when his mother sent him a Tako - meaning "octopus" in Japan - that was a popular toy item among street vendors at the time. It transformed into a one-hit wonder here in America and recently was added to the pop culture section of the Museum of National History in the Smithsonian.

Hakuta attributes his success to timing and luck. "You cannot suc-

ceed without a passion. There will always be a market for new toys, toys (gag gifts)," says Hakuta.

His knowledge in the field of business dates back many years, stemming from a father who was the head of a family-run company. The best advice that Ken received as a boy was from his father, who said, "The market never lies to you. They (the people) will either want it or not." Hakuta always dreamed of one day owning his own business, such as a restaurant or fashion company; he never saw himself working for a large company.

The interview completes a long-term study of the business tycoon in the class. In past months, Ms. Kucharek's Class read a case study on Hakuta from The Harvard Business School, discussed what facets of his product made Hakuta successful, and even participated in Wacky WallWalker races to culminate their experience.

"I guess I've been really fortunate to run my business and private life the way I wanted," said Hakuta, when reflecting on his past. "The Wacky WallWalker was pretty crucial to my overall success, allowing me to build a financial cushion for my future ventures."

The Nerd cont'

way when he began speaking of Steadman's mess-ups and mistakes. It really struck me regarding the fact that people really do get emotions drained when they talk about something that is close to them; he played it real to humanity. I didn't seem to be acting at all. There were a lot of jokes given off by Hammond, the sarcastic man in the play and a whole bunch of hilarious actions, gestures, expressions, and voice tones performed by Rick Steadman, the nerd. There was one part in the play regarding Steadman, that I found particularly funny, more so that everything else. When Cubert was politely trying to tell Steadman how they couldn't live together he asked something like, "Do you follow me?" and Steadman replied the first thing Cubert had said in his explanation, "You're here and I'm here," meaning Steadman had not listened to one word Cubert had said. Even though this part was incredibly small, I found it hilarious because of the confusion and frustration Steadman created by his annoying, non-attentive character.

Not only was the play humorous but it also had a life-lesson packaged inside. The lesson being, to live your life as you want to live it and to take your own paths, not other's. This lesson was clarified after Cubert finally decided to forcefully make Steadman leave his house and when he decided to pursue his career in his own way.

The Nerd was an excellent production and I strongly recommend Kilbourne students to watch WKHS theater performances, every one I've seen has been incredibly entertaining.

School Board.com

ing, some sort of a levy will be necessary soon. No one likes to give away money in the form of taxes, but all of us want excellent schools. I will support a reasonable levy.

What do you see as the most important issue(s) in the upcoming year?

Horton: Reducing expenses while placing a levy on the ballot.

Tyack: I see two important issues for next year. First, we need to impress on the Ohio General Assembly that they need to address important issues involving school funding. Second, we need to attempt to pass a reasonable levy.

Any other comments about being elected for school board?

Horton: No! For the faint of heart!

Tyack: Students need to pay attention to politics, both on a local and on a national level. No one is more affected by the important decisions being made by government than today's students, yet people ages 16 to 25 have the worst voting record of any age group. Fewer register to vote than most other age groups. Many who register to vote do not actually vote. This needs to change or the people who are elected will not worry very much about whether they need to support our schools and colleges.

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